

Patient Information Leaflet

SunVit-D3[®]

Oral Drops 2,000IU/ml (100IU/drop)

Read leaflet carefully before you start taking this supplement

- Keep this leaflet. You may want to read it again.
- If you have further questions, please ask your doctor or pharmacist.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What these drops do
2. Check before you take
3. How to take the drops
4. Possible side effects
5. Storing your supplement
6. Further information

1. What these drops do

SunVit-D3[®] contains vitamin D3 which is essential for healthy bones, teeth and muscle function. SunVit-D3[®] provides extra vitamin D3 to your diet and helps maintain a healthy and happy lifestyle.

2. Check before you take

Do not take if you:

- Are allergic (hypersensitive) to vitamin D3 or any of the other ingredients in SunVit D3[®] Drops (see Section 6 Further Information).
- If you have ever been told that you have too much Calcium or Vitamin D in your blood.

Taking other medicines with SunVit-D3[®]

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines including medicines taken without a prescription.

Pregnancy and breast-feeding

In pregnancy or when breast feeding, SunVit-D3[®] should only be used under medical supervision. Ask your doctor or pharmacist for advice before taking any supplement.

3. How to take the drops

Always take SunVit-D3[®] exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.

- SunVit-D3[®] Oral Drops 2,000IU/ml (100IU/drop) is an integrated oral dropper bottle.
- Turn the bottle upside down and each drop will be released into your mouth.

Adults: Four to ten drops to be taken daily or as directed by a doctor or pharmacist.

Children under 12 years: Two to eight drops to be taken daily or as directed by your doctor or pharmacist.

SunVit-D3[®] drops can be mixed with food, drinks or taken directly.

If you take more SunVit-D3[®] than you should

You should only take what your doctor recommends. If you take too much SunVit-D3[®] drops contact your doctor or pharmacist if you can do so. If not, go to the nearest hospital casualty department immediately, taking the SunVit-D3[®] pack with you.

If you forget to take SunVit-D3[®]

If you forget to take your drops, take it as soon as possible and continue to take the drops as normal. Do not take a double dose to make up for a forgotten dose.

If you stop taking SunVit-D3[®]

Always talk to your doctor or pharmacist before stopping using SunVit-D3[®]. If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

SunVit-D3[®] may cause side effects, although not everybody gets them. If any of the side effects worsen please tell your doctor or pharmacist.

5. Storing your supplement

- Keep out of the reach and sight of children.
- Do not store above 25°C.
- Protect from sunlight.
- Do not use SunVit-D3[®] after the expiry date that is printed on the carton.
- Ask your pharmacist how to dispose of any food supplements no longer required. These measures will help to protect the environment.

Do not use if the bottle seal is broken and once opened discard contents after 3 months.

Shake well before use.

6. Further information

SunVit-D3[®] 2,000 IU/ml Oral Drops contains the following ingredients:

Cholecalciferol Oil

Sunflower Seed Oil

Orange oil

D-Alpha Tocopherol Acetate Oil.

SunVit-D3[®] Drops is suitable for vegetarians and is approved by the Vegetarian Society UK.

SunVit-D3[®] Drops is free from yeast, wheat, gluten, soya, gelatin and nut products.

SunVit-D3[®] is a registered trademark of SunVit-D3 Limited.

Manufactured in the UK under GMP:

for SunVit-D3 Ltd, Epping, Essex, CM16 7BN, UK.

Website: www.sunvitd3.co.uk

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